



LIFEGROUPS: Pt.3

SET LIST *(worship optional)*

Gone by Elevation Worship
King of Glory by Todd Dulaney
Nothing Else by Cody Carnes
Echo by Elevation Worship

OPEN IN PRAYER AND PLAY VIDEO

SCRIPTURE *(do not read until prompted in the discussion questions)*

Philippians 4:4-9

DISCUSSION QUESTIONS

- **Read Philippians 4:4-9.** Paul gave the Philippians keys to a harmonious life to live better. To live a harmonious life your mind, career, family and everything important are working together for your good. Philippians 4:4 say, “*Rejoice in the Lord always. I will say it again: Rejoice!*” The first key to a harmonious life is to **Be a grateful person.** Always say, “thank you.” There are many things to grumble about in this world but you can be mad for what it’s not or be grateful for what it is. ***Is it hard for you to say “thank you” for the little things? What are some things that you are grateful for but usually forget to say, “thank you” for them?***

- The second key is in Philippians 4:5, “*Let your gentleness be known to all men. The Lord is at hand.*” The second key is to **Treat people right**. Everyone is going through something so be kind to others. Make sure to keep your promises, keep the peace and truly do unto others as you would do unto yourself. Shine the light of Jesus to all you come into contact with. ***Are you a person who keeps their promises? How would you want others to treat you? Do you treat others that same way?***
- **Read Philippians 4:6-7.** The third key is to **Give the things you can’t control to God**. Peaceful people have learned to not be anxious for things they cannot control. We have to learn how to give our problems to God. Let things go and go on with your life. There will be people that will not come back to ask for forgiveness after hurting you. But God doesn’t hold you responsible for other people’s problems, he only holds you responsible for your own. Stop holding on to the anxiety of things you cannot change. ***Have you let go of those who have hurt you? Or are you still thinking about it and hoping that one day they will come back and ask for forgiveness?***
- **Read Philippians 4:8-9.** The last and fourth key is to **Meditate on the right things**. When you get your mind in the right place your life will follow. Therefore meditate on what is *true, noble, just, pure, lovely, of good report, virtue and praiseworthy*. When you change your mindset to the right things then all those specific things you meditate on will become reality in your life. ***What are the qualities that you are meditating on? Would your life be different if your mind was constantly on what is true, noble, just, pure, lovely, of good report, virtue and praiseworthy?***

CHALLENGE

This week use the keys of living a harmonious life daily. If you find yourself not using them then take a step back and evaluate how you can add them to your daily life.