



LIFEGROUPS: Pt.5

SET LIST *(worship optional)*

Hallelujah Chant by Eddie James
Mighty God/He's Able by Dietrick Haddon
Surrounded (Fight My Battles) by Upper Room
Have A Little Talk With Jesus by The Oak Ridge Boys

OPEN IN PRAYER AND PLAY VIDEO

SCRIPTURE *(do not read until prompted in the discussion questions)*

Numbers 13:24-33 | 2 Corinthians 10:3-5

DISCUSSION QUESTIONS

- **Read Numbers 13:24-33.** Moses sent out men to spy out the land of Canaan. God wanted to give Israel this land to dwell in. When the men went out they saw giants and were afraid that they couldn't conquer the land. Except for Joshua and Caleb. They knew how strong God was and wanted to go back and defeat the people there. Joshua and Caleb knew they were giants on the inside but the other men thought they were grasshoppers. ***Do you see yourself as a giant or a grasshopper? How do you feel when you are intimidated?***

- God has already set out blessings and promises for you, but how many are you talking yourself out of? People look at the way or place they were raised and think that they are destined to stay there. But it doesn't matter how or where you have been raised because with God, you are good enough. You are chosen enough; you are skilled enough, talented enough and gifted enough. ***Have you ever talked yourself out of a promotion or blessing? Do you think your life would be different if you just said "yes"?***
- Animals are trained to do certain things and travel to a certain point. And when they are allowed to go beyond that point, they don't because of how they were taught. Everything that has happened to you has trained you to set parameters in your mind. And sometimes those parameters don't allow you to cross a certain line. Your past experiences teach you that you can't go any further. Don't let your mind hold you back any longer. ***Has your past set parameters for your future? What would true freedom look to you?***
- **Read 2 Corinthians 10:3-5.** A stronghold is when you believe something that God never said. You are constantly warring with your thought life because you are constantly producing thoughts. When bad thoughts run through your head don't allow them to stay there, stop and arrest it. Question a toxic thought and ask yourself, if this is a thought that the world has about me or if it is God talking to me? ***What are some ways to stop and arrest a thought? How can you know that the thought is actually gone?***

CHALLENGE

This week, if you ever feel intimidated, remember Joshua and Caleb. They saw giants and people that could possibly overthrow them but they saw themselves stronger and more capable. No matter what a situation looks on the outside remember that your God has made you enough!