



## **LIFEGROUPS: Influencer Pt.7**

### **SET LIST** *(worship optional)*

Be Lifted by Heidi Stampley  
Without Your Love by Travis Greene  
Come Lord Jesus by Far Flung Tin Can  
You Are Good by Israel Houghton

### **OPEN IN PRAYER AND PLAY VIDEO**

### **SCRIPTURE** *(do not read until prompted in the discussion questions)*

Hebrews 4:15-16 | 2 Corinthians 1:20 | Philipians 4:6-7

### **DISCUSSION QUESTIONS**

- Life, by its very nature is supposed to move forward. Your life is supposed to be ascending and you should be walking in great blessing. But we all have weaknesses and imperfections and God is not afraid of them. The greatest thing is that Jesus sympathizes with our weaknesses. **Read Hebrews 4:15-16.** No matter how far you have run away from God, he understands you and gets you. Don't run from God in your time of need, run to God. He is not afraid of your need and he is not exhausted by what exhausts you. **What makes you exhausted? Have you ever run away from God because you were so tired of life?**
- **Read 2 Corinthians 1:20.** When you say "Amen" you're saying what has been written in heaven, so be it on earth. When God says "yes" in heaven to Jesus, we say "amen" on earth. Don't just say "amen" out of habit or to make church exciting, say

“amen” so God’s will be done over your life. When Pastor Ron says, “God wants to bless you”, say “amen” and it is done. When Pastor Ron says, “God wants to heal you”, say “amen” and it is done. When Pastor Ron says, “God wants to give you peace”, say “amen” and it is done. When it comes to every promise God says, “yes” and we say “amen.” **As a group, go through the bible and find 3-5 scriptures of promises that God has given. Read them and believe with one another by saying “Amen!”**

- **Read Philippians 4:6.** In a world filled with anxiety, God forbids us to be anxious. You cannot have faith and fear at the same time. The Christian faith tells you to ignore what’s in your face but trust what God has said. **Read 2 Corinthians 5:7. Has there been a time when God promised you something but the opposite was happening? How did you trust God through the confusion?**
- Anxiety is a real thing and lives in your mind and heart. But peace is more powerful than any anxiety that tries to take over. **Read Philippians 4:7.** The greatest thing you can do if you are experiencing anxiety is to walk in peace and *exceed all understanding*. People may not understand how your life is not unraveling but the peace of God will guard your mind and heart from all restlessness. **Have you experienced anxiety? What are some practical ways to begin walking in peace during anxious times?**

### **CHALLENGE**

Knowing that anxiety affects all of us, open your bible this week and find scriptures about peace. Write those scriptures in a place where you can read them every morning and night to remind you of the peace of God.