



## Heaven's Frequency – Part 5

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### MESSAGE SUMMARY

This week, we learned about the powerful partnership between the Holy Spirit and the Word of God. Just as a river needs banks to give it direction and purpose, as believers, we need the life-giving presence of the Holy Spirit and the boundaries established by God's Word. Without the Word providing structure, even Spirit-filled believers can live chaotic, unfruitful lives- preventing the Holy Spirit from moving. When we allow God's Word to create boundaries in our lives, the Holy Spirit has full impact in our lives, flowing through us and bearing fruit in every area.

### DISCUSSION QUESTIONS

#### 1. The Spirit and Word: Power Twins Working Together

 **Key Scripture:** (Genesis 1:1-3), (1 John 5:7-8)—

##### Main Points:

- The Holy Spirit was present at creation, but chaos remained until God spoke His Word
- The Spirit releases the seed (Word) that brings order out of confusion
- The sword of the Spirit IS the Word of God—they work in tandem as "power twins"
- Both Spirit and Word are necessary—Spirit without Word leads to chaos; Word without Spirit leads to dead religion
- Churches and individuals need both passionate worship (Spirit) and solid teaching (Word)
- We are walking testimonies (1 John 5:7-8)—the Spirit, water, and blood testify in us as living billboards for God

##### Reflection Questions:

1. In your spiritual life, do you tend to emphasize the Spirit (emotion, experience) or the Word (study, doctrine) more? How can you bring better balance?
2. What areas of your life feel chaotic despite having the Holy Spirit? How might applying God's Word bring order to those areas?
3. How does understanding that you are a "walking testimony" change the way you live daily?

#### 2. Growing Deeper in the Spirit: Ankle-Deep to Swimming

 **Key Scripture:** (Ezekiel 47:4-5)

##### Main Points:

- The river represents growing in relationship with the Holy Spirit

- Progressive depth: ankle-deep → knee-deep → waist-deep → swimming (over your head)
- New believers start ankle-deep; spiritual maturity means being "in over your head" with God
- The goal is to reach a place where you no longer have God—He has you
- Wherever this river flows, it brings healing and life to everything it touches

#### **Reflection Questions:**

1. Where would you say you are in your spiritual walk: ankle-deep, knee-deep, waist-deep, or swimming?
2. What is keeping you from going deeper with God? What practical steps can you take to move to the next level?
3. What would it look like for you to be "in over your head" with God—where He has you instead of you having Him?

### **3. Rivers vs. Swamps: The Power of Biblical Boundaries**

 **Key Scripture:** (Ezekiel 47:12)

#### **Main Points:**

- Too many Christians live "swampy lives"—they have the Spirit but no Word boundaries
- Banks (God's Word) give the river (Holy Spirit) direction and fruitfulness
- Trees on the riverbank bear fruit for food and leaves for healing
- Living with biblical boundaries allows your life to bring healing wherever you go
- "You're one or two boundaries away from revolutionizing your life"

#### **Reflection Questions:**

1. What areas of your life might be "swampy" right now—having spiritual life but lacking clear boundaries? What needs the most attention?
2. What specific boundary from God's Word do you need to implement this week?
3. How have you seen boundaries create freedom and fruitfulness in your life (not restriction)?

## **CONCLUSION & CHALLENGE**

The Holy Spirit dwelling in us is powerful, but His greatest impact comes when He wields the sword of the Spirit—God's word. Like a river needs banks to give it direction and prevent it from becoming stagnant, we need the boundaries of Scripture to channel the life of the Spirit flowing through us. When we build these banks through obedience to God's Word, we don't just experience personal transformation—we become sources of healing and life to everyone around us. If things feel chaotic right now, stay encouraged! You may be closer to breakthrough than you think—just one or two boundaries away from seeing the river of God flow powerfully through your life!

#### **This Week's Challenge:**

1. **Identify your swamp.** Prayerfully ask God to show you one area of your life that is "swampy"—where you have spiritual life but lack clear biblical boundaries.
2. **Build one bank.** Research what God's Word specifically says about that area. Choose ONE boundary from Scripture to implement immediately.

3. **Submit to the process.** Don't just know the truth—move your life to align with it. Remember: truth doesn't adjust to you; you adjust to truth.
4. **Expect fruit.** Trust that as you build biblical boundaries, the Holy Spirit will flow more powerfully through that area, bringing healing and life to you and those around you.

**Memory Verse:** "When you know the truth, the truth shall set you free." (John 8:32)

**Prayer Focus:** Ask God to help you embrace boundaries as pathways to freedom, not restriction. Pray for the courage to let His Word create the banks that will allow His Spirit to flow powerfully through your life