



Heaven's Frequency: "Praying in the Spirit"

Pastor Ron Carpenter, Jr.

MESSAGE SUMMARY

In this powerful continuation of our Heaven's Frequency series, we dive deeper into praying in the Spirit. Too often, we pray from our limited human perspective according to our own will and understanding. God desires to shift us from surface-level religion to intimate communion that accesses the depths of His truth. When we pray in the Holy Spirit, we tap into divine intelligence that prays with pinpoint accuracy according to God's perfect will. The Holy Spirit knows what's written in the book of our lives and intercedes on our behalf when we don't know how to pray. Praying in the Spirit unlocks breakthrough and aligns us with heaven's frequency.

DISCUSSION QUESTIONS

1. We must move beyond surface-level religion to the deep things of God.

- We cannot pick and choose the parts of the Bible we prefer—the Bible is TRUTH and must transform our preferences
- Being focused on lights, cameras, and church productions keeps us from going deeper into the things of the Lord
- God has placed eternity in our hearts, but we live in time—all things in our future are already in God's past because He created time from the outside in
-  **Key Scriptures:** Romans 8:26–28, Ecclesiastes 3:1, 11–12, Isaiah 46:9–10, 1 Corinthians 2:6–12

Reflection Questions:

1. In what ways have you been more focused on the "production" of church rather than going deeper into God's truth?
2. How does understanding that God exists outside of time (with your future already in His past) change the way you approach prayer?

2. The Holy Spirit prays according to God's perfect will

- The Holy Spirit is not simply an energy or force—He is a PERSON with personality, and we must understand His personality to access His power
- The Holy Spirit is God's intelligence, while humans pray with their own limited perspective—the Spirit prays with pinpoint accuracy in conjunction with the will of God
- When we don't know what to pray for as we ought, the Spirit Himself intercedes for us with groanings too deep for words (ESV)
-  **Key Scriptures:** Romans 8:26–28, 1 Corinthians 2:6–12

Reflection Questions:

1. Have you been treating the Holy Spirit as an impersonal force rather than as a Person you can know and relate to? How might this change your approach to prayer?
2. What situations in your life right now require the Holy Spirit's intercession because you don't know how to pray "as you ought"?

3. Heaven is a courtroom & God writes our lives in His books

- Heaven operates as a courtroom, and God has our life and His will for us written in His books
- Our challenge is that we don't know what is written in the book of our lives, and we don't know how to pray our own will and perspective
- Praying in the Spirit allows us to access what's written in our book and align with heaven's frequency—the Spirit prays according to God's will with pinpoint accuracy (Romans 8:26–28)
-  **Key Scriptures:** Psalm 139:16, Daniel 7:10

Reflection Questions:

1. How does knowing there is a book in heaven with your God-ordained life written in it affect your faith and expectation in prayer?
2. Are you willing to surrender your own perspective and pray in the Spirit, trusting that He knows what's in your book better than you do?

CONCLUSION

The Holy Spirit knows what's written in the book of our lives—the life God has ordained for us—and He intercedes on our behalf when we don't know how to pray. Praying in the Spirit aligns us with heaven's frequency and allows us to access the power of God in ways our natural mind cannot comprehend. Don't settle for praying your limited perspective—let the Holy Spirit pray through you with divine accuracy. The court has ruled in your favor, the Judge looks upon you with favor, and the life written in your book is waiting to be released!

THIS WEEK'S CHALLENGE

Commit to at least 2 of the following action steps and watch your prayer life transform:

1. **Set aside 10-15 minutes daily this week to pray in the Spirit.** Don't rush—let the Holy Spirit intercede through you, trusting that He is praying according to what's written in your book.
2. **Identify one situation where you've been praying your own perspective.** Surrender it to the Holy Spirit and ask Him to pray through you with pinpoint accuracy according to God's will.
3. **Practice recognizing the Holy Spirit as a Person.** Talk to Him throughout your day, acknowledging His personality, intelligence, and presence with you.
4. **When accusations come against you this week, declare:** "The blood, the Spirit, and the Word testify on my behalf. The court has ruled in my favor. I am fully qualified for every promise in my book."
5. **Declare daily:** "I am a kingdom citizen with access to the courts of heaven. The Holy Spirit intercedes for me with pinpoint accuracy. What is written in my book is being released into my life. I pray from victory, not for victory."

Remember: You don't have to figure everything out on your own. The Holy Spirit knows what you need before you even ask. Let Him pray through you, and watch as heaven's frequency aligns with your life, bringing rapid breakthrough and divine transformation!

Email:

Over the past two weeks, we've received a paradigm-shifting revelation about prayer and spiritual authority. We learned that as kingdom citizens with citizenship in heaven, we don't engage in exhausting spiritual battles fighting FOR victory—instead, we fight FROM the victory Jesus already won. Heaven operates as a courtroom, not just a battlefield, and we have been given the keys to access God's promises through legal protocols rather than endless warfare.

This week, we went even deeper by discovering that praying in the Holy Spirit is how we tap into heaven's frequency with pinpoint accuracy. The Holy Spirit is not merely an energy—He is a Person with divine intelligence who knows what's written in the book of our lives. When we don't know how to pray according to God's will, the Spirit intercedes for us with groanings too deep for words. While the accuser gathers information to disqualify us, we have three unbeatable witnesses testifying on our behalf: the Blood, the Spirit, and the Word.

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Notes:

- We need to be deeper in the things of the Lord instead of being focused on the lights, camera and action of Church productions.
- We cannot pick and choose the parts of the bible that we prefer or listen to. The bible is TRUTH and we cannot change truth to fit our preferences.
- **Last week's recap:**
 1. Heaven is a Courtroom
 2. God has our life and His will for us written in His books
 3. When we need something from God, we go to the courtrooms of heaven, not the battlefield.
 4. Our challenge: We don't know what is written in the book of our lives and we don't know how to pray. We know how to pray OUR WILL & OUR PERSPECTIVE
 - a. Rom. 8:26 - Romans 8:26 – 28: “Likewise, the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words. (ESV)
 5. Praying in the Holy Spirit gives me the opportunity to pray with pinpoint accuracy in conjunction with the will of God.
- The Holy spirit is not simply power, He is a PERSON and we must understand his personality to access his POWER. He uses whatever power necessary to bring out PURPOSE.
- The Holy Spirit is God's intelligence. Humans pray with their own perspective, the Spirit prays with pinpoint accuracy.
- Rom. 8:28
- 1 Cor. 2: 6-12 – The mystery of God must be spoken, but I cannot learn it through my senses, I can understand (it is revelation) that I understand through the spirit. The hidden things of God are not hidden FROM ME, they are hidden FOR ME.
- Isaiah 46: 9 – 10 : God is not IN TIME, time is IN GOD. This is what sets him apart from other gods of the world. This is called OMNISCIENCE.

- Ecclesiastes 3:1, 11- 12 – God has placed eternity in our hearts, but we live in time. However, all things in our future are already in God’s past, because He created time from the beginning. He is OUTSIDE OF TIME.
 - The only reason things frustrate me, even when God knows all things, because our frustration reveals our lack of faith.
 - What areas of life am I frustrated in? How might my frustration uncover a lack of faith in this area?
- Jude: 1:20- The pinnacle of faith is speaking on a language that I don’t know, praying about a future I cannot see. Lord, help us to be open to praying in the spirit and praying YOUR WILL ONLY!
- Everything that happens in my life is for HIS GLORY, not my own.
- Activating God’s will in my life requires me to SPEAK GOD’S WILL
- **Questions:**
 1. What things might be influencing my prayers (personal agenda, frustrations, disappointments, money, etc.) Am I seeking God’s will in my prayers, or am I exclusively praying my own will?
 2. We live in time, but God’s spirit in us is eternal. Do you feel torn by the reality that you live in and the eternity God has placed inside of you? How does knowing that God knows your end from the beginning (God’s omniscience) encourage you?
 3. What areas of life are you currently frustrated in? How might this frustration highlight a lack of faith in this area?
 4. What truths from this week’s sermon most resonated with you? Was it a scripture, a new insight about the Holy Spirit, or something else? Share this revelation with someone in your life as an encouragement!
 5. **Have you prayed in the spirit? If not, this is a wonderful time to start! Pray this prayer and be open to what God has for you:**

“Dear Lord, I want to pray according to your will. In your word, you say that you give wisdom to those who ask it (insert reference) and that in the end days, you would pour out your spirit on all flesh (insert reference). I repent for the times that I have prayed according to my own agenda instead of yours. Please fill me with YOUR SPIRIT so that I can pray YOUR WILL and be in full alignment with YOUR PLANS for my life. I desire all of what you have for me. I invite you Holy spirit to rest on me and pray through me. Thank you for the gift of your spirit, may my heart and my life be a place where you can always dwell. In Jesus’ name, Amen! “

Remember, the Spirit of God alone knows the vast things that God the Father has for us. We may not know what is next, or what we should pray, but His spirit within us does! It is our responsibility to make room for the Holy Spirit in our lives and in our prayers, so that we can manifest God’s will through our lives. What better time than now to walk, live and pray in the spirit! Now that we understand our access to the courts of heaven, we can now pray in the spirit and activate God’s will in our lives!



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WHERE MANY BECOME ONE

KNOW GOD. FIND FREEDOM. DISCOVER PURPOSE. MAKE A DIFFERENCE.



