



ICEBREAKERS

- Who is your favorite worship artist?
- Has this series increased your faith?
- Do you have a nickname?

OPEN IN PRAYER

MESSAGE REVIEW

Are you struggling with weariness? Have you been exceptionally tired? Any weariness we have will cause us to forfeit God outcomes for our lives. God has an appointed time for every harvest. Many became weary during these last two years. Some were affected financially, spiritually and physically. Weariness can cause us to lose hope. In Isaiah 40:31 the bible says “those who hope in the Lord will renew their strength. They will soar on wings like eagles: they will run and not grow weary; they will walk and not be faint” Stay focused on the word of God and His promises. God will provide the refreshing that you need for a tired soul. Continue to watch for the harvest to come in from the seeds you have sown. In “due time” it will produce what you have been praying and believing for.

LET'S TALK ABOUT IT!

- **Read Exodus 3:19-22** The word said that God said He knew that the king of Egypt would not release the Israelites. He said that He would intervene and would cause the king to let them go. He promised them that they would not leave Egypt empty handed. He instructed the women to ask the neighbors for silver and gold in their home and they would give it. *If God made sure the Israelites had provision when they were released from Egypt, do you believe He would provide for you and your current situation? Has there ever been a time with the Lord provided a way out for you supernaturally in your life?*
- **Read Galatians 5:16-22** The scripture states the comparison between the works of the flesh and the fruit of the Spirit. What the passage states is that you cannot be both. You cannot be led by the Spirit and also fulfill the lust of the flesh. Being led by the Spirit you are not under the law. *How do you know that you are truly living a “Led by the Spirit” life? How is it different than how you lived before?*
- **Read Galatians 6:7-9** The passage says, “Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap” If we spend our time sowing to our flesh we will reap a corrupt flesh, but if we sow to the Spirit, we will reap everlasting life. *Do you understand what this passage means? Can you think of examples in your life when you sowed into your flesh and the outcome? How about when you sowed into the Spirit, what was the outcome?*

PRAYER FOCUS & REQUESTS

Ask your members if they have any prayer requests or praise reports. Ask yourself this week, am I struggling with weariness? Pray for one another that the Holy Spirit reveal this and fill your hearts with a refreshing.